



# IMPORTANCE OF HIRARC AT THE WORKPLACE

## OBJECTIVES

- Review effectiveness of safety and health programs.
- Able to carry out studies on accident trends
- Conduct internal audit
- Understand the importance of Hazard Analysis and Risk Control at workplace
- Assist in the creation of a conducive and safe workplace with low or no incidents.
- Reduction of incidents
- Improve in productivity and quality

## COURSE CONTENT

- The legal requirements that they are required to understand which will have implication at the workplace – FMA 1967 & OSHA 1994
- Audit methodology
- Causes of Incidents at the workplace
- Determining and then Understanding Hazards at workplace
- Determining the risk arising from the hazard
- Classification of the hazards into high, medium or low risk
- The methodology in implementation of control measures as required legally
- Review the effectiveness of the control measures put in place.
- Creating and maintain a legal Register for the Hazards and Risk Control measures.

## ADMINISTRATIVE DETAILS

Date : June 8-9, 2026  
Time : 9.00am – 5.00pm  
Venue : FMM Selangor & Kuala Lumpur Branch  
No 8A, Jalan Pensyarah U1/28, Hicom  
Glenmarie Industrial Park, 40150 Shah  
Alam, Selangor.

Fees: FMM Members – RM 1,350.00 per participant  
Non-Members – RM 1,566.00 per participant  
(inclusive of 8% service tax)  
(Fees include course materials, Meals and Certificate  
of Attendance)



Get **10% DISCOUNT** if  
you send 3 or more  
participants for the

## TRAINER PROFILE

**Mr Prame Kumar a/l V.N Parameswaran Nair** is a certified Safety & Health Officer by National Institute of Occupational Safety & Health NIOSH (DOSH Registered Safety and Health Officer), a Qualified Lead Auditor for OHSAS 18001:2007, ISO 45001:2018, ISO 14001:2015 and ISO 9001:2015 and HRDF-Certified Trainer. Currently, he is a represented Monash Malaysia at the Federation of Malaysian Manufacturers Safety and Health Sub-Committee at the Selangor State and National State. He is also sitting on various technical committee on ISO 45001 Standard and several governmental advisory committees in relation to Safety and Health. His expertise is drawn from numerous years of hands-on experience in the various aspects of Occupational Safety and Health Management. His last position was Head, Occupational Health, Safety and Environment at Berjaya Higher Education Sdn Bhd. Among the achievements during his employment included won Gold Class 1 Awards for 'Very Good' OHS performance in the Malaysian Society for Occupational Safety and Health's Annual Awards for 2015, 2014 and 2013. Mr Pramekumar has conducted numerous in-house and public training on Safety & Health related courses, to name a few: Chemical Handling, OSHA 1994 & FMA 1967, Safety awareness, Safety Management System, Risk Management, Emergency Management system and others for more than 100 industries in Malaysia

## WHO SHOULD ATTEND

Managers, Supervisors, Safety Officers, Engineers.  
Safety Committee Members

### **For further inquiries please contact:**

Siti Nazihah /Azrini  
FMM Institute Selangor & Kuala Lumpur Branch  
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azrini@fmm.org.my  
Visit us at: www.fmm.edu.my / www.fmm.org.my

# REGISTRATION FORM

## IMPORTANCE OF HIRARC AT THE WORKPLACE

**June 8-9, 2026 (Monday - Tuesday)**

**FMM SELANGOR & KUALA LUMPUR BRANCH**

FMM Institute Selangor (SST No: W10-1901-32000105 | COID: (475427W\_SELANGOR)  
Email: siti\_nazihah@fmm.org.my/ azrini@fmm.org.my  
Tel: 03-5569 2950/4471/4171

Please register the following participant(s) for the above programme:

1. Name	Designation	Email
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Nationality	IC/Passport No.
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2. Name	Designation	Email
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Nationality	IC / Passport No.
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(If space is insufficient, please attach a separate list)

### Disclaimer

Registration is on a first-come first-served basis. All cancellations must be made in writing. There will be no charge for cancellation received 14 or more working days before the start of the programme. Cancellation received 7 – 14 working days before the start of the programme is subject to a cancellation fee of 50% of the programme fees. Cancellation received 6 working days and below before the start of the programme is subject to a cancellation fee of 100% of the programme fees. If the participant fails to attend the programme or less than 75% attendance, the full programme fees are payable. However, replacement can be accepted at no additional cost. The FMM Institute reserves the right to change the speaker, reschedule or cancel the programme and all efforts will be taken to inform participants of the changes.

We hereby confirm that (Please tick accordingly):

- We will be claiming from HRD Corp and full payment would be made to FMM Institute in the event that no disbursement from HRD Corp under any circumstances.
- We will NOT BE CLAIMING from HRD Corp. Payment will be made to account payee FMM Institute by cheque or bank transfer to Maybank Account No 5-62106-64719-2

Submitted by:

Name:	Designation:
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Email:	Company:
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FMM Membership No.:	My Corporate Identity No.:
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Company Address:

Tel No.:	Fax No.:	Date:
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